

# Diagnostic & Corrective Care



PROFESSIONAL  
INTEGRATIVE  
MEDICINE

## Visit 1

### PURPOSE

- Identify your needs
- Collect medical and lifestyle history
- Review previous treatments
- Perform physical examination
- Prioritise functional and diagnostic testing
- Formulate management plan
- Provide education and counselling
- Establish health goals

You will have...

END OF  
VISIT

• A plan plus  
initial treatment  
options

• Information  
relevant to  
your immediate  
goals

• A sense of hope  
towards health

+6 weeks

## Visit 2

Second appointment  
may be with Dr Hall or  
Nutritional Consultant  
Dr Nikole Grbin

### PURPOSE

- Review previous investigations
- Provide education on your biochemistry
- Arrange further diagnostic tests
- Identify the underlying causes of illness
- Update wellness plan
- Review and prescribe treatment options
- Answer questions

You will  
have...

END OF  
VISIT

• Understand  
diagnostic tests  
• Clarify disease  
processes

• A pathway  
to recovery  
• Understanding of  
how food affects  
health

• Further information  
relevant to goals  
• Prescriptions for  
focused treatment  
goals

+12 weeks  
& ongoing  
reviews

## Visit 3

- Review results
- Discuss progress
- Review symptoms and wellness goals
- Review progress on eating and exercise plan
- Discuss challenges or issues
- Identify solutions to achieve success
- Answer questions

• Understand  
results  
• Solutions to  
challenges

• Further education  
and support  
• Re-focused goals  
for your ongoing  
health

• A revised plan  
with monitoring,  
investigations and  
treatment updates

### PURPOSE

### ONGOING REVIEWS

every 3-6 months